

## FIELD TRIP RULES

### *Habitat Restoration*

Please review these guidelines with your students in class before your field trip.

- Every student must submit a signed liability release form in order to attend the field trip.
- **Students should wear old, closed-toed shoes that can get “dirty and sturdy” in the outdoors (no sandals).** They should dress in layers, and **wear sunscreen and a hat.**
- Students should bring water in a reusable water bottle, but **no food or snacks.**
- **Students will be expected to follow all safety guidelines for visiting a National Wildlife Refuge, including not yelling, running, or throwing anything during the trip.** We will be visiting a sensitive habitat area and do not want to disturb wildlife.
- **When visiting natural areas it is important to stay on designated pathways rather than take shortcuts.** For this field trip students will get to step off the marked pathways, but this is a special exception with permission from the U.S. Fish & Wildlife Service.
- **Natural objects such as stones, feathers, flowers, and bugs should be left behind unharmed.** This is part of learning to respect living things, as well as natural, historical, and cultural features of a site.
- **Students are not permitted to bring any type of camera, electronic game or cell phone on habitat restoration trips.**
- The South San Diego Bay is visited by many members of the community and it is important to be aware of these visitors during the trip, particularly bicyclists. **Students should look both ways before crossing the bike path.** They should not talk or interact with strangers.
- **Be aware of the surroundings and do not touch or disturb wild animals or insects.** When visiting any natural area students should walk carefully and be on the lookout for snakes, bird nests, insects, and burrows.
- The field trip may include a short litter pick-up, in which case **students are not permitted to touch anything that appears to be sharp or hazardous,** such as glass or metal. They must wear gloves at all times and remain under adult supervision.
- Students must carefully follow all restoration procedures as instructed, and ask questions when uncertain.
- Students must **stay with the group and follow directions** provided by Ocean Connectors and U.S. Fish and Wildlife Service park rangers at all times.